


Document Title:	Urine Cytology	
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This test requires you to collect a sample of urine into the container provided. Separate samples may need to be collected over 2 or 3 days. The number of samples required will be determined by your doctor and indicated on the pathology request form.

### Equipment

50ml sterile specimen container(s)

Prior to commencing this test:

- **DO NOT collect the first urine passed** in the morning after you wake up. This is not suitable.
- Eat and drink as normal and collect the next urine passed. Drinking 2 or 3 glasses of water will help.
- Write your FULL NAME (first name and surname), date of birth and, date and time of collection on the containers

### Collection instructions:

1. Write the date & time of collection on each container. Number them as 1, 2 or 3 in order of collection.
2. Urinate straight into the container. A 50mL or three quarters of a specimen container of urine is required.
3. Close the container by screwing the yellow lid on tightly. Take care to ensure the lid is threaded correctly.
4. Place the urine containers in the specimen bag provided. Store in a cool place (refrigerate) until delivered to collection centre.

Samples can be collected on consecutive days and returned to the collection centre on the last day of collection. If you have any questions please contact Northern Pathology Victoria on (03)8405 8181.