

Document Title:	Faecal Occult Blood	
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This is a faecal sample collection and NOT a blood test. Your doctor will usually request you to collect three separate specimens on three separate occasions.

Equipment:

3x 50ml sterile specimen containers

Prior to commencing this test:

- Ask your doctor if you should stop any **Aspirin or non-steroidal anti-inflammatory** medications for this test. If so, these should be discontinued for at least 48 hours prior to testing.
- **DO NOT** collect faeces for this test during or within three days of your menstruation or other bleeding (from haemorrhoids, anal fissure etc.)
- You should not ingest any iron medications, or any food prepared from red meat, for three days prior to the test.

Write your FULL NAME (first name and surname) date of birth and, date and time of collection on the containers.

Collection instructions:

1. First, pass faeces into a container such as clean (washed and dried) ice-cream container.
2. Transfer specimen (about a size of a walnut) into a sterile specimen container. In the lid of the container there will be a scoop.
3. Secure the lid tightly and place the container into specimen bag.
4. Place the specimen into the fridge. Ensure that all specimens are returned to a Northern Pathology Victoria collection centre on the last day of collection.

If you have any questions please contact Northern Pathology Victoria on (03) 8405 8181.