


Document Title:	24 Hour Urine Container (Plain)	
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Patient Instructions

This test requires FULL DAY (24 hours) urine collection. You may start your collection at any time of the day. Simply follow the procedure below, finishing exactly 24 hours after the starting time.

Equipment provided for this test

24 Hour Urine plain bottle.

Prior to commencing this test

Write your FULL NAME (first name and surname), DATE OF BIRTH on the bottle.

Day 1

- Decide on a starting time (e.g. 7:00am) and empty your bladder into the toilet and discard.
- Write the date and time on the bottle. This is the start of the urine collection.
- Collect ALL urine for the day and night (including while you are out of house).
- Use a clean ice-cream container or jug to collect your urine then pour it carefully into the 24 hour urine bottle.

Day 2 (Exactly 24 hours from start time)

- Empty your bladder into the bottle and this is the end of the collection, write down the finishing time and date on the bottle.
- The day the collection has finished you need to drop the urine off to your closest Northern Pathology Victoria Approved Collection Centre.
- The collector will confirm the patients Surname, First name date of birth, address and telephone number.

Blood test

If a **Creatinine Clearance** test is ordered a 24hr urine collection and a blood sample is required to be taken for analysis. Blood will be collected upon delivery of completed 24hr urine collection, so it is important that the patient present at the collection rooms to deliver the sample.